

Post-Partum Complications and Health Concerns

What Does WHG's Postpartum Care Look Like?

At WHG, our providers are acutely aware that, **while uncommon, complications postpartum can occur.** We follow community standard of care with routine visits scheduled six weeks postpartum. If our patients experience any acute complications prior to that visit, we bring them in immediately to the office to meet with one of our providers or may advise them to come to the emergency room for immediate evaluation. For higher risk patients, we often schedule postpartum checkups before six weeks.

We will see patients more quickly if they have certain conditions including but not limited to:

- Hypertensive disorders such as preeclampsia
- Diabetes
- Excessive bleeding or hemorrhage
- Post-partum depression symptoms

WHG's Commitment to our Patients' Health and Safety

While pregnancy related complications can and do happen, WHG would like to emphasize that **they are uncommon**, so most new parents do not need to be concerned, particularly if you do not have any of the risk factors outlined above. With that said, **you should never hesitate to reach out to your provider postpartum if you have concerns.**

Our providers will be happy to address any concerns you may have. **We encourage patients to reach out whenever you need help.** Don't feel you need to wait until your scheduled visit if problems come up.

Your provider is as committed to your health as you are and would be happy to address any concerns you may have

