



POST OPERATIVE HOME INSTRUCTIONS: LEEP (LOOP ELECTROSURGICAL EXCISION PROCEDURE)

ALWAYS FOLLOW YOUR DOCTOR'S ORDERS IF THEY DIFFER FROM THIS SHEET

Activity: You may increase your activity as tolerated. You should not drive until you are no longer taking pain medication.

- Refrain from sexual intercourse for 4 weeks
- Do not lift heavy objects for one week
- Do not use tampons
- Do not douche
- Bathe only by shower, do not take tub baths

Pain: Moderate discomfort and cramping in the vaginal area and lower abdomen may be present. Take ibuprofen as directed by your physician.

Symptoms to Report to the Doctor:

1. Vaginal discharge that has a very foul smell.
2. Any heavy vaginal bleeding.
3. Severe or unusual pain not relieved by pain medication
4. Nausea or vomiting
5. Fever, chills and/or temperature above 101 degrees.

Follow-Up Instructions:

You should schedule a follow-up Pap smear in 4 months or as directed by your doctor.